











September-22 Friday

Monday

Tuesday

Wednesday

Thursday



Fresh fruit.















2n. Baked chicken with onion and tomato...

Vegetable salad, Omelette, Seasonal fruit

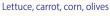


2n. Tilapia fillet with Fresh vegetables..

vegetable cream with leeks and carrot, lamb chops, Lacteal







1r. Macaroni Bolognese.

2n. Hake fillet. with Natural vegetables..

Dairy and Fruit

sttufed aubergine with vegetables and mince. Seasonal fruit





1r. Lentils with carrot and spinach

2n. Potato Omelette with Turkey breast.

Green Beans with Ham, Cod croquettes, Lacteal

2n. Arròs del senyoret with seafood.

Aurcian salad, Baked fish, Seasonal fruit



Lettuce, tomato, carrot, corn

1r. Cuban rice with tomato and egg

2n. Cod dice. with baby carrot.

Seasonal fruit

vegetables cream, Emperor Grilled, Seasonal fruit

Dairy and Fruit



2n. Spanish omelette. with Fresh valencian cheese.

2n. Valencian Paella with chicken, bass and beans.

Vegetable stew. Grilled veal. Seasonal fruit









1r. "Sorrentina" pasta.













Lettuce, tomato, olives, quinoa







1r. Vegan chickpea stew.

2n. Marinated loin with Garrison.

Fresh fruit.

Scrambled with vegetables and onions. Seasonal fruit













2n. Burger with Baked potatoes.

FCO salad

erdura en tempura, Mediterranean Loin with mushrooms







1r. Wholemeal spirals with fresh vegetables and

2n. Hake with Garrison.

Fresh fruit

Peasant Salad, Grilled yeal, Seasonal fruit

Valencian boiled, Grilled Fish, Seasonal fruit







1r. Lentils with carrot and spinach.

2n. Potato Omelette. ECO fruit

Garlic soup. Emperor Grilled. Seasonal fruit













2n. Fideuà of Gandìa.

Dairy and Fruit



Baked Vegetables, Garlic chicken, Seasonal fruit

















1r. Carrot and pumpkin cream.

2n. Meatballs in vegetable sauce.

/alencian boiled, Omelette, Seasonal fruit







2n. Panache of cold cuts...

Seasonal fruit

Meat stew with potato and vegetables. Lacteal





• All menus are prepared under the supervision and monitoring of the dietetics department of Caterquai, S.L. • Due to force majeure Caterquai s.l. reserves the right to make changes to the menu.



for dinner