



Caterguai



September-22

Monday

Tuesday

Wednesday

Thursday

Friday



12 796 99 39 25


1r. Special salad with garden products.
2n. Valencian Paella with chicken, bass and beans.
Fresh fruit.

Vegetable stew. Grilled veal. Seasonal fruit

13 667 75 33 21

ECO salad.
1r. Zucchini cream and cheese.
2n. Baked chicken with onion and tomato.
ECO fruit

Vegetable salad. Omelette. Seasonal fruit



14 801 102 35 26

Lettuce, carrot, corn, olives
1r. Macaroni Bolognese.
2n. Hake fillet. with Natural vegetables..
Dairy and Fruit

stuffed aubergine with vegetables and mince. Seasonal fruit

15 769 82 39 24

Lettuce, tomato, olives, beet
1r. Lentils with carrot and spinach
2n. Potato Omelette with Turkey breast.
Fresh fruit.

Green Beans with Ham. Cod croquettes. Lacteal

16 819 107 31 28

Lettuce, tomato, carrot, corn
1r. Cuban rice with tomato and egg
2n. Cod dice. with baby carrot.
Seasonal fruit

vegetables cream. Emperor Grilled. Seasonal fruit

19 812 96 38 25

lettuce, carrot, olives
1r. Pork stew with potatoes, vegetables and peas.
2n. Spanish omelette. with Fresh valencian cheese.
Dairy and Fruit

Valencian boiled. Grilled Fish. Seasonal fruit

20 808 102 35 25

Lettuce, tomato, carrot, cucumber
1r. "Sorrentina" pasta.
2n. Tilapia fillet with Fresh vegetables..
Seasonal fruit

vegetable cream with leeks and carrot. lamb chops. Lacteal

21 786 87 39 23

Lettuce, tomato, olives, quinoa
1r. Vegan chickpea stew.
2n. Marinated loin with Garrison.
Fresh fruit.

Scrambled with vegetables and onions. Seasonal fruit

22 635 71 35 21


1r. Special salad with garden products.
2n. Arròs del senyoret with seafood.
Fresh fruit.

Murcian salad. Baked fish. Seasonal fruit

23 751 94 36 23

ECO salad.
1r. Vegetable soup with ECO legumes.
2n. Burger with Baked potatoes.
ECO fruit

Verdura en tempura. Mediterranean Loin with mushrooms.
Seasonal fruit



26 801 103 32 26


Lettuce, carrot, corn, olives
1r. Wholemeal spirals with fresh vegetables and cheese.
2n. Hake with Garrison.
Fresh fruit.

Peasant Salad. Grilled veal. Seasonal fruit

27 752 79 35 23

ECO salad.
1r. Lentils with carrot and spinach.
2n. Potato Omelette.
ECO fruit

Garlic soup. Emperor Grilled. Seasonal fruit



28 767 91 35 25

1r. Special salad with garden products.
2n. Fideuà of Gandia.
Dairy and Fruit

Baked Vegetables. Garlic chicken. Seasonal fruit

29 631 72 33 22

Lettuce, tomato, corn, quinoa
1r. Carrot and pumpkin cream.
2n. Meatballs in vegetable sauce.
Fresh fruit.

Valencian boiled. Omelette. Seasonal fruit

30 812 109 35 26

Lettuce, beet, corn, carrot
1r. Rice alla Milanese.
2n. Panache of cold cuts..
Seasonal fruit

Meat stew with potato and vegetables. Lacteal

Bottom: Proposals for dinner.

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