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18-19

Monday

1 802 105 39 28
Lettuce, tomato, carrot, cucumber
Chicken soup with chickpeas
Baked loin with mushrooms
Seasonal fruit
Sautéed mushrooms, vegetables and onion. Blue fish to the papillote. Lactéal

8 839 108 39 30
Lettuce, carrot, corn, surimi
Baked rice with rib, chickpeas and potato
Homemade chicken sirloin fingers with garrison
Seasonal fruit
Stuffed tomatoes with pine nuts. Hake at griddle. Seasonal fruit

15 706 74 35 30
Lettuce eco, tomato, carrot, corn
Eco vegetables and eco legume cream
Veal burger with garrison
Seasonal fruit
Three delights rice. Grilled tuna. Seasonal fruit

22 0 0 0 0
Easter vacations

29 0 0 0 0
Easter vacations

6 677 69 33 30
Lettuce, tomato, corn, surimi
Courgette and carrot puree
White sausages with baked dollar potatoes
Seasonal fruit
Sautéed vegetable stew. Serrano ham omelette. Seasonal fruit

13 718 111 38 30
Lettuce, tomato, carrot, surimi
Potato and vegetables stew with pork
Hake slice with vegetables
Seasonal fruit
Stuffed tomato with tuna. Grilled fish fillet. Lactéal

20 685 63 43 29
Lettuce, tomato, carrot, beet
Spaghetti carbonara
Chicken with tomato with backed potatoes dice
Dairy and fruit
Semolina of rice with fish soup. Grilled squid. Seasonal fruit

27 811 108 41 25
Eco lettuce, beet, corn, olives
Eco lentils with vegetables and potatoes
Vegetable omelette with cheese
Seasonal fruit
Cream of zucchini, carrot and potato. Baked cod. Seasonal fruit

3 869 112 43 29
Lettuce, carrot, corn, surimi
Cuban rice with tomato
Sausages with tomato
Seasonal fruit
Lettuce, tomato, carrot. Baked chicken with onions and vegetables. Seasonal fruit

10 811 108 41 25
Lettuce eco, tomato, tuna, corn
Eco chickpea with vegetables stew
Potato omelette with mackerel
Eco fruit
Three delights rice. Loin and peper skewers. Lactéal

17 824 95 27 29
Lettuce, tomato, carrot, surimi
Spaghetti with minced meat, tomato and onion
Vegetable omelette with cheese
Seasonal fruit
Sautéed vegetable stew. Lamb chops. Seasonal fruit

Tuesday

2 769 97 34 27
Lettuce, tomato, corn, pineapple
Fideuà of fish with seafood
Potato and vegetables omelette with mackerel
Seasonal fruit
Grilled chicken breast. Seasonal fruit

9 862 90 46 32
Lettuce eco, tomato, carrot, corn
Eco lentils with vegetables
Tasty hake with garrison
Seasonal fruit
Julianne soup. Turkey fillet. Seasonal fruit

16 860 103 41 32
Lettuce, tomato, corn, olives
Carbonara spirals with bacon, onion and cheese
Marinated loin with garrison
Seasonal fruit
Grilled vegetables. Grilled veal with potatoes and vegetables. Lactéal

23 0 0 0 0
Easter vacations

30 858 96 42 34
Lettuce, tomato, carrot, egg
Spaghetti with tuna, tomato and cheese
White sausages with onion and tomato
Seasonal fruit
Baked vegetables. Grilled lamb. Lactéal

7 805 98 37 23
Lettuce, tomato, carrot, quinoa
Tricolor spirals with tuna, tomato and cheese
Monkfish tails with seafood sauce
Seasonal fruit
Sautéed green beans with onion. Cod croquettes. Lactéal

14 802 105 39 28
Lettuce, tomato, carrot
Fideuà of fish with seafood
Potato omelette with mackerel
Seasonal fruit
Scrambled eggs with mushrooms and vegetables. Assorted salad. Seasonal fruit

21 609 57 23 35
Lettuce eco, tomato, tuna, corn
Puree of eco vegetables and eco legume
Meatballs in vegetable sauce
Seasonal fruit
Sautéed mushrooms, vegetables and onion. French omelette with mackerel. Seasonal fruit

28 824 95 27 29
Lettuce, tomato, carrot, tuna
Baked rice with rib, chickpeas and potato
Cod croquettes with garrison
Seasonal fruit
Peasant salad. Tender garlic omelette. Seasonal fruit

4 835 110 47 22
Lettuce, tomato, carrot, egg
Lentils with vegetables and spinach
Baked loin with mushrooms
Seasonal fruit
Cream of zucchini, carrot and potato. Cazón baked with onion. Seasonal fruit

11 849 90 43 34
Lettuce, corn, olives, beet
Spirals with meat, onion and tomato
Grilled hake filet with tempura vegetables
Seasonal fruit
Vegetable and potato puree. Grilled veal fillet. Seasonal fruit

18 609 57 23 35
Lettuce, tomato, olives, corn
Vegetable eco, potato and legume eco cream
Meatballs with vegetables and tomato
Lactéal
Semolina of rice with fish soup. Baked squid. Seasonal fruit

Wednesday

3 826 120 30 29
Eco lettuce, tomato, carrot, beet
Eco chickpea stew with carrot and spinach
Monkfish tails with green peas and onion
Eco fruit
Roaster peper and eggplant salad. Loin with tomato souce. Seasonal fruit

10 805 86 41 27
Lettuce, tomato, carrot, quinoa
Macaroni with tuna, tomato and cheese
Vegetable omelette with mackerel
Seasonal fruit
Salad with pineapple and raisins. Fish skewers. Lactéal

17 811 108 41 25
Lettuce, carrot, corn, surimi
Chickpeas and vegetables potage
Potato omelette with cheese
Eco fruit
Assorted salad. French omelette with ham york. Seasonal fruit

24 0 0 0 0
Easter vacations

1 0 0 0 0
Labor Day

8 628 65 27 27
Lettuce eco, carrot, corn and surimi
Eco chickpea with vegetables stew
Ham and cheese pizza
Dairy and fruit
Sautéed peas with tomato and onion.. Hake at griddle. Seasonal fruit

15 847 111 44 30
Lettuce eco, tomato, carrot, tuna
Eco lentils with carrot and spinach
Mediterranean head of loin
Eco fruit
Vegetable soup with pasta. Gurilled squid. Lactéal

22 809 108 40 27
Lettuce, tomato, carrot, quinoa
Rice with vegetables, pepper and peas
Tasty hake with garrison
Seasonal fruit
Vegetables cream. Stewed meat with tomato and peas. Seasonal fruit

29 677 69 33 30
Lettuce, tomato, carrot, corn
Vegetable cream with legumes
Veal burger with baked dollar potatoes
Fruit and dairy
Chicken and vegetables soup with pasta. Papillote fish. Seasonal fruit

5 774 101 34 26
Lettuce, tomato, carrot, surimi
Fideuà of fish with seafood
Potato omelette with mackerel
Seasonal fruit
Special salad with tuna. Grilled turkey breast. Lactéal

12 718 93 43 21
Lettuce, tomato, carrot, olives
Vegetable and chicken soup with cous cous
Veal burger with baked dollar potatoes
Dairy and fruit
Sautéed vegetables with pasta. Baked cod. Seasonal fruit

19 887 123 38 29
Lettuce, tomato, beet, egg
Baked rice with ribs and botifarra
Tasty hake with garrison
Seasonal fruit
Julianne soup. Crepes of ham and cheese. Seasonal fruit

Thursday

4 768 97 47 23
Special salad with tuna
Valencian paella with chicken and vegetables
Seasonal fruit
Vegetables cream. Grilled squid. Seasonal fruit

11 775 84 35 29
Lettuce, tomato, carrot, surimi
Vegetable soup with chickpeas
Pizza of tuna, tomato and cheese
Fruit and dairy
Mediterranean puree. Tender garlic omelette. Seasonal fruit

18 0 0 0 0
holy Thursday

25 0 0 0 0
Easter vacations

2 651 110 60 27
Lettuce eco, tomato, olives, corn
Eco vegetables and eco legume cream
Grilled swordfish with garniture
Dairy and fruit
Rice with vegetables, peas and ham. Seasonal fruit

9 825 83 41 44
Lettuce, tomato, carrot, corn
Cuban rice with tomato
Homemade chicken sirloin fingers with onion
Seasonal fruit
Assorted salad with pasta. Lactéal

16 768 97 47 23
Special salad with tuna
Valencian paella with chicken and vegetables
Seasonal fruit
Grilled vegetables. Grilled chicken breast. Lactéal

23 811 108 41 25
Lettuce, tomato, carrot, olives
Chickpeas and vegetables potage
French omelette with mackerel
Seasonal fruit
Lettuce, tomato, corn, tuna. Loin marinated with potatoes. Fruit salad

30 842 90 43 34
Lettuce, tomato, carrot, quinoa
Vegetable soup with chickpeas
Tilapia fillet with garrison
Seasonal fruit
Sautéed mushrooms, vegetables and onion. Blue fish to the papillote. Seasonal fruit

6 675 52 40 34
Lettuce eco, tomato, corn, egg
Eco vegetables and eco legume cream
Baked chicken with onion and tomato
Seasonal fruit
Scrambled eggs with mushrooms and vegetables. Blue fish to the papillote. Seasonal fruit

13 826 120 30 29
Lettuce, tomato, carrot, quinoa
Valencian paella with chicken and vegetables
Tuna patties
Seasonal fruit
Grilled vegetables. Loin with tomato souce. Seasonal fruit

20 874 99 43 34
Lettuce, tomato, carrot, quinoa
Chickpea stew with carrot and spinach
Garlic chicken with vegetables
Seasonal fruit
Sautéed vegetables with ham. Fresh cheese. Seasonal fruit

Friday

5 718 79 38 30
Lettuce, tomato, olives, quinoa
Fish stew with potato and vegetables
Hake at griddle with vegetables
Seasonal fruit
Semolina of rice with fish soup. Pizza of tuna and tomato. Seasonal fruit

12 707 74 38 26
Special salad with tuna
Arròs del senyoret with seafood
Seasonal fruit
Vegetable patties. Emperor grilled. Seasonal fruit

19 0 0 0 0
holy Friday

26 0 0 0 0
Easter vacations

3 866 110 44 30
Lettuce, tomato, carrot
Neapolitan macaroni
Potato and vegetable omelette with mackerel
Seasonal fruit
Baked vegetables. Baked loin. Seasonal fruit

10 858 115 32 30
Lettuce eco, carrot, corn and surimi
Macaroni bolognese
Vegetable omelette with cheese
Seasonal fruit
Chicken and vegetables soup with pasta. Grilled turkey breast. Lactéal

17 675 52 40 34
Lettuce, tomato, olives, quinoa
Cream of vegetables, potato and legumes
Baked chicken with onion and garlic
Seasonal fruit
Noodle soup. Fish skewers. Seasonal fruit

24 876 106 41 32
Lettuce, tomato, carrot, surimi
Spirals with meat, onion and tomato
Loin marinated with potatoes
Seasonal fruit
Emperor grilled. Lactéal

31 731 78 40 31
Special salad with tuna
Lasagna with bechamel and tomato
Seasonal fruit
Free day. Seasonal fruit

7 819 100 37 29
Lettuce, tomato, carrot, quinoa
Carbonara macaroni with bacon, onion and cream
Veal ragout with garrison
Lactéal
Fish soup with sea delights. Cod croquettes. Seasonal fruit

14 762 79 41 33
Lettuce, tomato, corn, tuna
Vichyssoise garlic leek, potato and cream
Ham and cheese pizza
Seasonal fruit
Semolina of rice with fish soup. Emperor fillet with green sauce. Seasonal fruit

21 842 90 43 34
Special salad with tuna
Lasagna with bechamel and tomato
Seasonal fruit
Green salad with fresh cheese. Emperor grilled. Lactéal

APRIL

MAY

JUNE

- All menus are prepared under the supervision and monitoring of the dietetics department of Caterguai, S.L.
- The analytical control of the food and the water analysis are carried out by the Quality Center, located at c / Barcelona, no. 28, Entresuelo (GANDIA).
- Due to force majeure Caterguai s.l. reserves the right to make changes to the menu.
- May contain possible allergenic foods. The so-called allergens are cereals containing gluten, fish, crustaceans, eggs, peanuts, soybeans, milk and its derivatives, including lactose, caramel fruits, celery, sesame grains and sulfites. This menu may contain traces of the so-called allergens.
- The colorants that contain some dishes are E-102 and E-129. These dyes can have a negative effect on the attention and activity of children.

The allergen content of the dishes can be found at the center's address.



Colectividades
Caterguai s.l.



Average percentage of the nutritional value of the month:	Energ. Kcal	Glúcidos Gr.	Prot. Gr.	Grasa Gr.
APRIL	792.4	92.8	39.1	29.07
		55.6%	24.3%	20.1%
MAY	763.4	91.3	38.8	29.68
		54.7%	23.1%	21.2%
JUNE	798.2	95.2	38.2	29.53
		57.12%	23.7%	12.2%

The menus are accompanied by 20 gr. of bread.

Bottom: Proposals for dinner.