

Caterguai



May-22

Monday

2 768 87 37 25
 1r. Special Salad
 2n. Valencian Paella with chicken, bass and beans.
 Seasonal fruit
 Vegetable stew.
 Omelette.
 Seasonal fruit

9 737 91 35 24
 Lettuce, tomato, carrot, surimi
 1r. Meat stew with potato and vegetables
 2n. Potato Omelette with Garrison.
 Seasonal fruit
 Stuffed tomato with tuna. Grilled Fish.
 Lactéal

16 801 104 36 25
 Lettuce, tomato, carrot, beet
 1r. Spirals with tuna, tomato and cheese
 2n. Breaded loin steak..
 Seasonal fruit
 semolina of rice with fish soup.
 Grilled squid.
 Seasonal fruit

23 801 102 33 25
 1r. Special Salad
 2n. Fideuà of fish with seafood.
 Seasonal fruit
 Cream of zucchini, carrot and potato.
 Grilled tuna.
 Lactéal

30 737 82 36 21
 Lettuce, tomato, corn, cucumber
 1r. Vegetable soup with chickpeas
 2n. Garlic chicken.
 Seasonal fruit
 Valencian boiled.
 Grilled veal.
 Seasonal fruit

Tuesday

3 756 78 34 23
 lettuce ECO, tomato, carrot, corn
 1r. Pot soup with chickpeas
 2n. Meatballs in vegetable sauce.
 ECO fruit
 Green Beans with Ham.Cod croquettes.
 Lactéal

10 803 101 35 25
 Lettuce, tomato, corn, cucumber
 1r. Bolognese pasta with cheese.
 2n. Cod with Vegetables.
 Seasonal fruit
 Mushrooms scrambled with vegetables and onions.
 Peasant Salad.
 Seasonal fruit

17 637 78 36 21
 Lettuce, carrot, corn, surimi
 1r. vegetables cream
 2n. Burger with potatoes.
 Seasonal fruit
 sauteed mushrooms, vegetables and onion.
 Omelette.
 Seasonal fruit

24 767 86 36 23
 ECO lettuce, tomato, carrot, beet
 1r. Lentils with carrot and spinach
 2n. Potato Omelette with Garrison.
 ECO fruit
 Valencian boiled.
 Grilled veal.
 Seasonal fruit

31 799 98 32 23
 1r. Special Salad
 2n. Baked rice with ribs and botifarra.
 Seasonal fruit
 Vegetable stew.
 Grilled tuna.
 Seasonal fruit

Wednesday

4 802 103 33 24
 Lettuce, carrot, corn, olives
 1r. Napolitana spirals with cheese
 2n. Hake with Garrison.
 Seasonal fruit
 Sauteed peas with tomato and onion..
 Grilled veal.
 Seasonal fruit

11 722 87 38 24
 lettuce, tomato, olives, corn
 1r. Lentils with carrot and spinach
 2n. Marinated loin with Vegetables.
 ECO fruit
 Vegetables soup with starlets.
 Grilled tuna.
 Seasonal fruit

18 812 109 31 24
 Lettuce, tomato, carrot, olives
 1r. Cuban rice with tomato and egg
 2n. Cod with Garrison.
 Dairy and Fruit
 Mediterranean cream.
 Stewed meat with tomato and peas.
 Seasonal fruit

25 802 109 34 29
 Lettuce, carrot, corn, olives
 1r. Rice alla Milanese
 2n. Cod croquettes.
 Seasonal fruit
 vetable soup.
 Emperor Grilled.
 Lactéal

Thursday

5 677 79 33 25
 Lettuce, tomato, carrot, corn
 1r. Vegetable cream with legumes
 2n. Baked Chicken with Potatoes and Onion.
 Seasonal fruit
 Seafood Salad. Baked Salmon With Vegetables.
 Seasonal fruit

12 789 103 33 27
 1r. Special Salad
 2n. Arròs del senyoret with seafood.
 Dairy and Fruit
 semolina of rice with fish soup.
 Grilled veal.
 Seasonal fruit

19 729 91 36 21
 Lettuce, tomato, carrot, beet
 1r. Valencian boiled
 2n. White sausages with tomato.
 Seasonal fruit
 Salad with pineapple and raisins.
 Mediterranean Loin with mushrooms.
 Seasonal fruit

26 671 78 36 22
 Lettuce, tomato, carrot, corn
 1r. Vegetable cream with legumes
 2n. Meatballs in vegetable sauce.
 Seasonal fruit
 Free Day.
 Seasonal fruit

Friday

6 801 108 36 28
 Lettuce, tomato, corn, quinoa
 1r. Fideuà of Gandia
 2n. Assorted Cold Cut.
 Dairy and Fruit
 Chicken soup.
 Turkey fillet.
 Seasonal fruit

13 798 99 31 26
 Lettuce, tomato, carrot, quinoa
 1r. vetable soup
 2n. Ham and cheese pizza.
 Seasonal fruit
 Verdura en tempura.
 Grilled Chicken Breast.
 Seasonal fruit

20 756 86 35 21
 Lettuce, tomato, beet, cucumber
 1r. Chikpeas and vegetables potage
 2n. Potato Omelette with Garrison.
 Seasonal fruit
 Vichyssoise.
 Emperor Grilled.
 Seasonal fruit

27 803 99 35 24
 Lettuce, tomato, olives, beet
 1r. Neapolitan macaroni with tomato and cheese
 2n. Hake with Garrison.
 Dairy and Fruit
 Baked fish.
 Seasonal fruit



Bottom: Proposals for dinner.

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- All menus are prepared under the supervision and monitoring of the dietetics department of Caterguai, S.L.
- The analytical control of the food and the water analysis are carried out by the Quality Center, located at c / Barcelona, no. 28, Entresuelo (GANDIA).
- Due to force majeure Caterguai s.l. reserves the right to make changes to the menu.

- May contain possible allergenic foods. The so-called allergens are cereals containing gluten, fish, crustaceans, eggs, peanuts, soybeans, milk and its derivatives, including lactose, caramel fruits, celery, sesame grains and sulfites. This menu may contain traces of the so-called allergens.
- The colorants that contain some dishes are E-102 and E-129. These dyes can have a negative effect on the attention and activity of children.



Average percentage of the nutritional value of the month:	Energ. (Kcal)	HdC (gr.)	Prot.(gr.)	Lipidos (gr.)
	763,2	93,5	34,6	24,1
		49,1%	18,2%	28,4%

www.caterguai.com The menus are accompanied by 20 gr. of bread.

The allergen content of the dishes can be found at the center's address.