



Caterguai



March-2023

Monday

Tuesday

Wednesday

Thursday

Friday

1 704 85 33 25

Lettuce, tomato, carrot, olives
1r. Vegetable soup with ECO legumes.
2n. Ham and cheese pizza.
ECO fruit
Assorted Salad.
Coques de dacs.
Seasonal fruit

2 796 99 39 25

1r. Special Salad
2n. Valencian Paella with chicken, bass and beans.
Dairy and Fruit
Valencian boiled.
Grilled Fish.
Seasonal fruit

3 767 81 37 23

Lettuce, tomato, olives, beet
1r. Chikpeas and vegetables potage
2n. Hake fillet with garnish.
Seasonal fruit
Fish soup with pasta.
Grilled Squid.
Seasonal fruit

6 709 73 32 25

Lettuce, tomato, carrot, corn
1r. Valencian boiled
2n. White sausages with ratatouille.
Seasonal fruit
Roaster Peper and Eggplant Salad.
Baked Salmon With Vegetables.
Lactéal

7 673 75 34 23

Lettuce, carrot, olives, corn
1r. Carrot and pumpkin cream
2n. roasted chicken with rosemary and lemon..
Dairy and Fruit
Mushrooms scrambled with vegetables and onions.
Omelette.
Lactéal

8 783 97 36 25

1r. Special Salad
2n. Arròs del senyoret with seafood.
ECO fruit
Vegetable Consommé.
Carn a la Planxa.
Seasonal fruit

9 758 79 35 23

Lettuce, carrot, corn, surimi
1r. Lentils with carrot and ECO chard
2n. Potato Omelette with Garrison.
Seasonal fruit
vegetables cream.
Emperor Grilled.
Lactéal

10 798 99 37 24

Lettuce, tomato, carrot, quinoa
1r. Pasta with vegetables, tomato and cheese.
2n. Tilapia fillet with Vegetables.
Seasonal fruit
semolina of rice with fish soup.
Grilled veal.
Seasonal fruit

13 777 83 37 24

Lettuce, tomato, carrot, olives
1r. Fish stew with potato and vegetables
2n. Burger with Garrison.
Seasonal fruit
Mushrooms scrambled with vegetables and onions.
Grilled tuna.
Lactéal

14 801 102 36 25

Lettuce, tomato, carrot, corn
1r. Macaroni Bolognese with cheese
2n. Hake with Vegetables.
Seasonal fruit
Valencian boiled.
Tuna patties.
Seasonal fruit

15 779 83 36 25

Lettuce, carrot, corn, surimi
1r. ECO chikpea with vegetables stew
2n. Potato Omelette with Garrison.
ECO fruit
Vegetable patties.
Hake.
Lactéal

16 829 112 41 28

1r. Special Salad
2n. Baked rice with rib, chickpeas and potato.
Seasonal fruit
Verdura en tempura.
Grilled veal.
Seasonal fruit

17 699 72 36 23

Lettuce, tomato, olives, corn
1r. Vegetable soup with chickpeas
2n. Halibut with vegetables.
Dairy and Fruit
Vichyssoise.
Pollack fillet.
Seasonal fruit

20 812 103 36 25

Lettuce, tomato, carrot, quinoa
1r. Spirals with tuna, tomato and cheese
2n. Hake with Vegetables.
Seasonal fruit
Salad.
Blue fish to the papillote.
Lactéal

21 667 73 34 23

Lettuce and tomato
1r. Puchero CATERGUAU Soup
2n. Putxero CATERGUAU.
Seasonal fruit
Crepes of ham and cheese.
Seasonal fruit

22 810 97 39 22

Lettuce, tomato, carrot, olives
1r. Rice alla Milanese
2n. Tilapia fillet with Vegetables.
Seasonal fruit
Green Beans with Ham.
Baked Salmon With Vegetables.
Lactéal

23 831 119 38 27

Lettuce, corn, olives, beet
1r. vegetables and ECO legume cream
2n. Marinated loin with Garrison.
ECO fruit and dairy
Grilled veal.
Seasonal fruit

24 763 99 36 25

1r. Special Salad
2n. Fideuà of fish with seafood.
Seasonal fruit
Vegetable stew.
Grilled tuna.
Seasonal fruit

27 671 69 32 24

Lettuce, tomato, carrot, quinoa
1r. Garlic leek and potato cream.
2n. Meatballs in vegetable sauce.
Seasonal fruit
Scrambled eggs with mushrooms and vegetables.
Omelette.
Lactéal

28 797 98 38 25

Lettuce, carrot, corn
1r. Cuban rice with tomato and egg
2n. Tilapia fillet with Vegetables.
Seasonal fruit
Baked fish.
Seasonal fruit

29 712 82 33 24

Lettuce, tomato, carrot, olives
1r. Vegetable soup with legumes.
2n. Baked loin with Mushrooms.
Seasonal fruit
Baked Salmon With Vegetables.
Seasonal fruit

30 756 78 37 23

Lettuce, tomato, carrot, quinoa
1r. Neapolitan wholemeal macaroni.
2n. Halibut with vegetables.
Dairy and Fruit
Beetroot cream with garlic leek and potato..
Grilled Chicken Breast.
Seasonal fruit

31 758 79 35 23

Lettuce, tomato, carrot, corn
1r. ECO lentils with carrot and spinach
2n. Potato Omelette with Garrison.
ECO fruit
Vegetable stew.
Vegetable pizza.
Seasonal fruit

Bottom: Proposals for dinner.

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