





















March-2023 GRANS SESAM





2n. Hake with Vegetables.

Lettuce, tomato, carrot, guinoa

1r. Garlic leek and potato cream.

2n. Meatballs in vegetable sauce.

Scrambled eggs with mushrooms and vegetables.

Mushrooms scrambled with vegetables and onions. Grilled tuna acteal

2n. Hake with Vegetables.

Seasonal fruit Valencian boiled. Tuna patties. easonal frui

2n. Potato Omelette with Garrison. ECO fruit Vegetable natties

acteal

Seasonal fruit

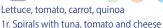
erdura en tempura. rilled veal. easonal fruit

2n. Halibut with vegetables.

Dairy and Fruit

Vichvssoise. Pollack fillet. Seasonal fruit











1r. Puchero CATERGUAI Soup

1r. Cuban rice with tomato and egg

2n. Tilapia fillet with Vegetables.

2n. Putxero CATERGUAL

Seasonal fruit

Crenes of ham and cheese easonal fruit



1r. Rice alla Milanese 2n. Tilapia fillet with Vegetables.



Seasonal fruit

Seasonal fruit

easonal fruit

Green Reans with Ham

Baked Salmon With Vegetables.











ECO fruit and dairy









2n. Fideuà of fish with seafood.

Seasonal fruit

Vegetable stew. rilled tuna. easonal fruit





Seasonal fruit

Seasonal fruit

Omelette.

Lacteal











Seasonal fruit

Baked fish

easonal frui







2n Baked Join with Mushrooms

Baked Salmon With Vegetables.













rilled veal

easonal frui





Lettuce, tomato, carrot, guinoa 1r. Neapolitan wholemeal macaroni.

1r. vegetables and ECO legume cream

2n. Marinated Join with Garrison.

2n. Halibut with vegetables.

Dairy and Fruit

Beetroot cream with garlic leek and potato.. irilled Chicken Breast. easonal fruit







1r. ECO lentils with carrot and spinach

2n. Potato Omelette with Garrison.

ECO fruit

/egetable stew. egetable pizza. easonal fruit





