Cater	guai 🌋	CONTE GLUTEN CEUSTAGS COUS CEUSTAGS CEUSTAGS CEUSTAGS CEUSTAGS CEUSTAGS CEUSTAGS CEUSTAGS CEUSTAGS CEUSTAGS CEUS CEUS CEUS CEUS CEUS CEUS CEUS CEU	Image: Second condition of the second condition	Carbohydrates Proteins Fat Gr. Gr. Gr.
Monday	Tuesday	Wednesday	Thursday	Friday
				799963323Lettuce, tomato, olives, corn1r. Napolitana spirals with cheese2n. Tuna patties with Garrison.Seasonal fruitPuree vegetables and legumes.Loin with tomato souce.Lacteal
4767783623Lettuce, corn, surimi, quinoa1r. vetable soup with legumes.2n. roasted chicken with rosemary and lemonSeasonal fruitPasta saladLacteal	5 801 99 38 24 Lettuce, tomato, corn, beet 1r. Three Delights Rice 2n. Grilled tilapia fillet with Vegetables. Seasonal fruit Chicken and Vegetables Soup with Pasta. Grilled Hake Filet. Seasonal fruit	6 O O O	652 72 35 21 Lettuce, carrot, olives, corn 1r. Vegetable cream with legumes 2n. Burger with Garrison. Lacteal Green Beans with Ham. Iamb chops. Seasonal fruit	8 0 0 0
11 802 103 36 24 Lettuce, tomato, carrot, corn 1r. Macaroni with tuna, tomato and cheese 2n. Hake with Vegetables. Seasonal fruit Peasant Salad. Grilled Chicken Breast. Seasonal fruit	12 776 82 36 25 ECO lettuce, tomato, carrot, olives 1r. ECO chikpea stew with carrot and spinach 2n. Ham and cheese pizza. ECO fruit Valencian boiled. Baked fish. Lacteal	137969839251r. Special Salad2n. Valencian Paella with chicken, bass and beans.Seasonal fruitMurcian salad.Baked Salmon With Vegetables.Seasonal fruit	14766793724Lettuce, corn, surimi, quinoa1r. vetable soup with legumes.2n. Meatballs in vegetable sauce.Dairy and FruitVegetable stew.Grilled veal.Seasonal fruit	15789953827Lettuce and tomato1r. Fideuà of Gandìa2n. Cod dice with Garrison.Seasonal fruitCream of zuchini, carrot and potato.Backed Loin.Lacteal
18 653 78 34 23 Lettuce, tomato, corn, beet 1r. Garlic leek and potato cream. 2n. White sausages with ratatouille. Seasonal fruit Green salad with fresh cheese. crepes of ham and cheese. Seasonal fruit	198231083828Lettuce, tomato, olives, beet1r. Lentish with vegetables2n. Potato Omelette with Garrison.LactealZucchini cream and cheeseTurkey fillet.Vegetables	20 787 92 35 27 1r. Special Salad 2n. Baked rice with rib, chickpeas and potato. Seasonal fruit Baked fish. Seasonal fruit	21 741 78 36 22 Lettuce, tomato, corn, beet 1r. vetable soup with legumes. 2n. Burger with Potatoes. Seasonal fruit Valencian boiled. Grilled veal. Lacteal	 22 0 0
Caterguai wishes you a merry Christmas and a happy 2024				

NETTER

• All menus are prepared under the supervision and monitoring of the dietetics department of Caterguai, S.L. • Due to force majeure Caterguai s.l. reserves the right to make changes to the menu. • The colorants that contain some dishes are E-102 and E-129. These dyes can have a negative effect on the attention and activity of children. The menus are accompanied by 20 gr. of bread.

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LL-C (Certification)