



Caterguai



November-22

Monday

Tuesday

Wednesday

Thursday

Friday

1 0 0 0 0

Lettuce, carrot, corn, surimi
1r. Cuban rice with tomato and egg
2n. hake at griddle with Vegetables.
Seasonal fruit
Fish soup with pasta.
Seasonal fruit

1 0 0 0 0

HOLIDAY.

2 671 69 32 26

Lettuce, tomato, carrot, olives
1r. Carrot and pumpkin cream
2n. Baked loin with vegetables.
Seasonal fruit
Sautéed Vegetables with Ham.
Fresh Cheese.
Seasonal fruit

3 763 99 36 25

1r. Special Salad
2n. Fideuà of fish with seafood.
Dairy and Fruit
Vegetable stew. Grilled veal.
Seasonal fruit

4 756 87 31 23

ECO lettuce, carrot, corn, olives
1r. Lentils with carrot and spinach
2n. Potato Omelette with Vegetables.
ECO fruit
Rice Greece style.
Seasonal fruit

7 812 103 36 26

Lettuce, carrot, corn, surimi
1r. Cuban rice with tomato and egg
2n. hake at griddle with Vegetables.
Seasonal fruit
Fish soup with pasta.
Seasonal fruit

8 829 119 38 27

Lettuce and tomato
1r. Puchero CATERGUAI Soup
2n. Putxero CATERGUAI.
Seasonal fruit
Sautéed vegetables with pasta.
Grilled Chicken Breast.
Seasonal fruit

9 810 97 39 22

Lettuce, tomato, carrot, corn
1r. Spirals with tuna, tomato and cheese
2n. Tilapia fillet with Garrison.
Seasonal fruit
Verdura en tempura.
Marinated loin.
Seasonal fruit

10 769 82 38 24

Lettuce, tomato, carrot, quinoa
1r. ECO chickpea stew with ECO vegetables
2n. Potato Omelette with Garrison.
ECO fruit and dairy
Salad with pineapple and raisins.
Vegetable patties.
Seasonal fruit

11 796 99 39 25

1r. Special salad with garden products.
2n. Valencian Paella with halal chicken and vegetables.
Seasonal fruit
Green Beans with Ham.
Emperor Grilled.
Seasonal fruit

14 785 89 31 29

Lettuce, tomato, olives, quinoa
1r. Meat stew with potato and vegetables
2n. Cod with Vegetables.
Seasonal fruit
Vegetable stew. Grilled swordfish. Seasonal fruit

15 829 112 41 28

1r. Special Salad
2n. Baked rice with rib, chickpeas and potato.
Seasonal fruit
Baked fish. Seasonal fruit

16 734 83 39 23

Lettuce, tomato, carrot, olives
1r. ECO Lentils with vegetables
2n. Burger with Garrison.
ECO fruit
sautéed mushrooms, vegetables and onion. Grilled Fish.
Seasonal fruit

17 806 96 36 23

Lettuce, tomato, carrot, quinoa
1r. Neapolitan macaroni with tomato and cheese
2n. Potato Omelette with Vegetables.
Seasonal fruit
julianne soup. crepes of ham and cheese. Lactéal

18 667 73 33 21

Lettuce, tomato, carrot, quinoa
1r. vegetables cream
2n. roasted chicken with rosemary and lemon..
Dairy and Fruit
Mushrooms scrambled with vegetables and onions.
Iberian prey filet.
Seasonal fruit

21 801 102 36 22

Lettuce, carrot, corn, tuna
1r. Bolognese pasta with cheese.
2n. Halibut with vegetables.
Seasonal fruit
blue fish to the papillote.
Seasonal fruit

22 812 110 37 23

Lettuce, tomato, carrot, olives
1r. Beans and turnip rice
2n. Potato Omelette with Garrison.
Seasonal fruit
Vegetable soup with pasta. Baked Loin.
Seasonal fruit

23 666 71 34 22

Lettuce, tomato, carrot, beet
1r. Valencian boiled
2n. Ham and cheese pizza.
Seasonal fruit
semolina of rice with fish soup. Seasonal fruit

24 764 82 38 26

Lettuce, carrot, corn, olives
1r. Chickpea stew with carrot and spinach
2n. White sausages with ratatouille.
ECO fruit
Vegetable stew. Grilled veal.
Seasonal fruit

25 808 102 36 26

Lettuce, tomato, carrot, olives
1r. macaroni with creamy mushroom sauce
2n. Cod dice with Vegetables.
Fruit and dairy
blue fish to the papillote.
Seasonal fruit

28 712 82 33 24

Lettuce, corn, surimi, quinoa
1r. Vegetable soup with chickpeas
2n. Meatballs in vegetable sauce.
Seasonal fruit
Baked Salmon With Vegetables.
Lactéal

29 789 99 36 25

1r. Special salad with garden products.
2n. Arròs del senyoret with seafood.
Seasonal fruit
Valencian boiled.
Grilled tuna.
Seasonal fruit

30 667 73 33 21

ECO lettuce, tomato, olives, quinoa
1r. Garlic leek and potato cream.
2n. Baked chicken with vegetables..
ECO fruit
Green Beans with Ham.
Emperor Grilled.
Seasonal fruit

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32 0 0 0 0

Bottom: Proposals for dinner.

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