









GRANS SESAM











## December-22



## Wednesday

## Thursday



Dairy and Fruit egetable and Potato Puree. editerranean Loin with mushrooms.

2n. Fish Orly with Garrison.

Lettuce, tomato, olives, corn

1r. Napolitana spirals with cheese

1r. ECO Lentils with vegetables 2n. Potato Omelette with Garrison. FCO fruit aried salad with nuts. manda Fillet

Lettuce, tomato, corn, beet





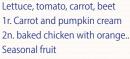
Seasonal fruit



1r. Special salad with garden products. 2n. Baked rice with rib, chickpeas and potato. Seasonal fruit

Vegetable soup with chickpeas.





Green Beans with Ham, lamb chops.



Lettuce, tomato, carrot, olives 1r. Carbonara macaroni with bacon, onion and

2n. Cod with Vegetables. Seasonal fruit

Rusian salad. Grilled Chicken Breast. easonal fruit

easonal fruit





2n. Valencian Paella with chicken, bass and beans.

Salad with pineapple and raisins, crepes of ham and cheese.

1r. Meat stew with potato and vegetables

2n. hake at griddle with Vegetables.





Lettuce, tomato, olives, beet

1r. Cuban rice with tomato and egg 2n. Marinated loin with Vegetables.

Seasonal fruit

pecial salada with fresh cheese. rilled Veal Fillet. easonal fruit

Lettuce, tomato, corn, quinoa 1r. Vegetable soup with chickpeas

2n. Meatballs in vegetable sauce.

1r. Lasagna with bechamel and cheese.

Dairy and Fruit

Valencian boiled. Baked fish Seasonal fruit

Seasonal fruit

Seasonal fruit

blue fish to the papillote.



2n. Fideuà of Gandìa.

Seasonal fruit

egetable stew. asonal frui

Lettuce, tomato, carrot, quinoa 1r. ECO Chickpea Potage with ECO Vegetables

2n. Potato Omelette with Garrison.

ECO fruit

Mediterranean puree. Baked Salmon With Vegetables easonal fruit





Dairy and Fruit

Seasonal fruit

Valencian boiled

Baked fish Seasonal fruit











1r. Lentils with carrot and spinach

2n. Ham and cheese pizza. ECO fruit

Zucchini cream and cheese.. Turkey fillet. Seasonal fruit











2n. Hake with Vegetables.





75 34





1r. Puchero CATERGUAI Soup

2n. Putxero CATERGUAL

Seasonal fruit Free Day









Caterguai















